

BURNS AND SCALDS



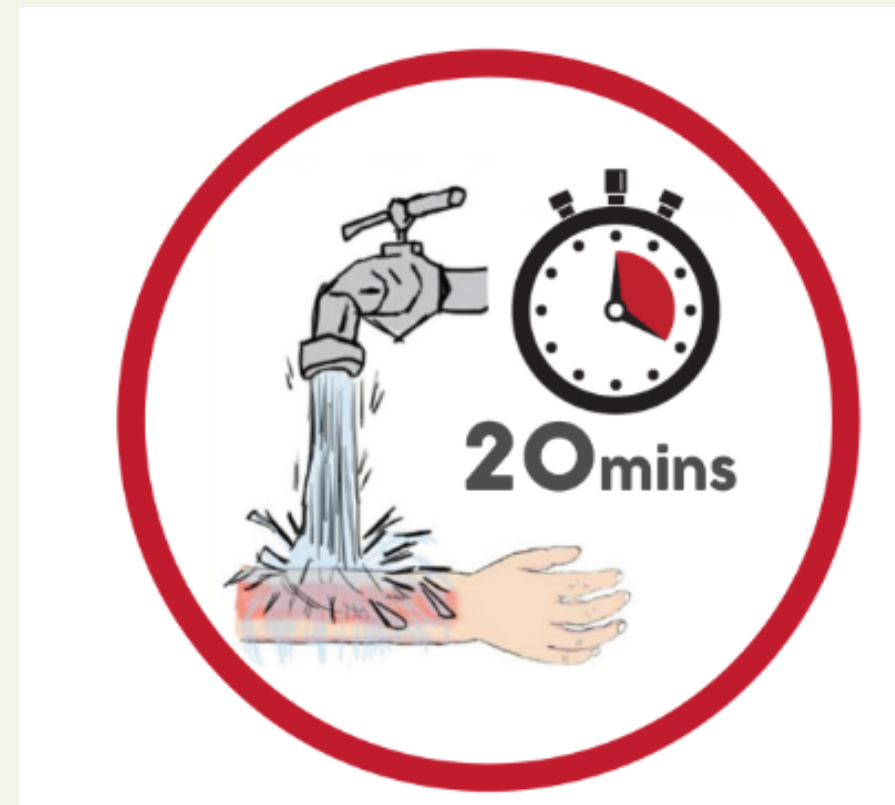
**SafeTea
pledge**



I will keep **HOT DRINKS** out of children's reach
I will never pass a hot drink over a child's head
I will never hold a hot drink when holding my child

PREVENTION

A hot drink can stay hot enough to burn a baby or toddler for over 30 minutes. A toddler can pull a hot drink over themselves in an instant.



COOL

Run lots of COOL RUNNING water over the burn



CALL

Call for medical help.
999 or NHS Direct
111



COVER

Cover the burn with loose strips of cling film or clean non-fluffy material to stop it getting infected.