

Does your vehicle(s) have ISOFIX points?

ISOFIX points are fitting points built into both cars and child car seats when they are manufactured. An ISOFIX car seat is 'plugged' into the corresponding fitting points in the car, removing the need to use the car's seatbelts to secure it.

Look for ISOFIX labels between the base and back of your car seats or check your vehicle handbook

If your vehicle does not have ISOFIX points, you will need to opt for a seat that can be fitted using the vehicle seatbelt.

Key Questions

- What is the child's weight?
- What is the child's height?
- What is the child's age?
- What vehicle (s) will the seat be used in?
- Does the vehicle (s) have ISOFIX points?

Remember

It is safer for your child to travel in the rear seats than the front.

Never put a rearward-facing baby seat in the front if there is an active passenger airbag.



Manchester healthy schools

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- **Car seat safety**
- A guide to help you choose the right car seat for your child.
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The law: A child car seat is a legal requirement.

Children must normally use a child car seat until they're 12 years old or 135 centimetres tall, whichever comes first.



Children over 12 or more than 135cm tall must wear a seat belt.

You can choose a child car seat based on your child's height or weight.

For a lot of parents it's a lack of knowledge about the kind of seat they should have for their child.

Which car seat to choose?

Babies need to be carried in rearward-facing baby seats. Rearward-facing seats provide greater protection for the baby's head, neck and spine than forward-facing seats.



Fitting carseats:

Fitting car seats is not always easy – especially the older type. Most parents are mortified when they find out they have fitted a perfectly good seat incorrectly.'

Not all car seats fit in all vehicles, so it is important to check yours is compatible.

Remember, if the seat will be used in other vehicles, you will need to ensure that it is compatible with all of the vehicles that it will be used in.

